

# BODY SHOTS

What could be healthier than a fruit-and-veggie-filled, antioxidant-rich juice-bar drink? Squeezing all those superfoods into two ounces—with way less sugar and calories.

*By Allison Young*



Get juiced with all-stars like lemon, cinnamon, pomegranate, and coconut.

FOOD STYLING: BETT KURTZWEIL/ART DEPARTMENT

