



PRICE LIST

NUTRITIONAL CONSULTATIONS

Ali Miller, RD, LD, CDE
Initial Consultation (90 minutes) \$350
Follow-up Consultation (45 minutes) \$265
Quick Check-in/Q&A session (20 minutes) \$175

Becki Yoo, RD, LD
Initial Consultation (90 minutes) \$275
Follow-up Consultation (45 minutes) \$195
Quick Check-in/Q&A session (20 minutes) \$125

Packages with Ali Miller
Advanced Functional Medicine Prime \$1,225 (save \$110) Micronutrient Blood Test Initial Consultation 2 45-minute Follow-up Consultations Food Journal Audit Email Support Add to cart
3 Steps to Success \$875 (save \$100) Initial Consultation 2 45-minute Follow-up Consultations Food Journal Audit Email Support Add to cart
3 Pack of Follow-ups \$695 (save \$100) Add to cart

Packages with Becki Yoo
Therapeutic Meal Planning \$250 (90 minutes) Can be used for advanced meal planning for your MRT diet or for special needs diets such as a texture diet, chemotherapy support, newly diagnosed diabetic and more! Add to cart
3 Steps to Success \$650 (save \$100) Initial Consultation 2 45-minute Follow-up Consultations Food Journal Audit Email Support Add to cart
3 Pack of Follow-ups \$500 (save \$85) Add to cart
Weight Loss Accountability \$325 (save \$110) 3 20-minute check ins 3 BIA Scans Add to cart
Private Ketosis \$650 (save \$210) 4 45-minute Consultations 4 BIA Scans Add to cart

SHOP CONSULTATIONS WITH ALI MILLER

Why don't we take insurance?

As a functional medicine practitioner, to say I practice "outside the box" is an understatement, but then again that is why you are seeking my care! I work with each patient to discover the underlying mechanisms of imbalance and address the root causes of conditions with food-as-medicine. Unfortunately the standard medical model and insurance companies are not up to speed on advanced functional testing, medical nutrition therapy, and the use of nutritional compounds to aid in optimal outcomes. I practice evidence based care not institutionalized care and enjoy the freedom to do so without constraints of an insurance company.

I do provide a superbill, a document that provides procedural and diagnostic codes as well as expense paid, to you upon request for you to submit to your insurance for out of network reimbursement. Thank you for understanding my positioning on this and valuing the work the Naturally Nourished team will put into your unique case!

SHOP CONSULTATIONS WITH BECKI YOO